

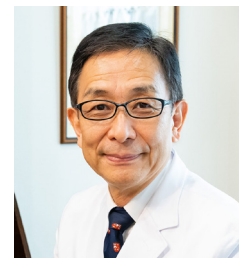
The traditional Chinese herbal medicine

# Huaier

(*Trametes Robiniophila*) has obtained the world's first anti-cancer evidence.

## Dr.Masanori Niimi

is the director of the Niimi Clinic. He is an extremely rare figure as a surgeon, immunologist, and practitioner of traditional Chinese medicine, and is very active in his work. He graduated from Keio University School of Medicine in 1985, and in 1998, he received his Doctor of Philosophy in transplantation immunology from the University of Oxford in England. Since 2008, he has been a professor of surgery, transplantation immunology, and traditional Chinese medicine at Teikyo University School of Medicine. In 2013, he received the Ig Nobel Prize in Medicine for his work on the interaction between the brain and the immune system. Currently, he runs a private clinic where he treats cancer, rare and difficult diseases, and promotes the use of the herbal medicine "Huaier" which has been shown to have anti-cancer effects. His latest book, "Flowchart of Traditional Chinese Medicine for Post-COVID-19 Sequelae," became a best-seller on Amazon.



## About Huaier

The huai tree is home to several species of mushrooms. One of the mushrooms that grows on old trees is called "Trametes Robiniophila Murr" (Japanese name: Huaier).

Huaier is a medicinal herb that is also mentioned in ancient Chinese literature. It is described in the "Emergency Standby Remedies," a medical text from the Eastern Jin dynasty (317-420 AD), and also appears in "Compendium of Materia Medica," written by Li Shizhen in the Ming Dynasty.

In the 1980s, huaier was used to completely cure a patient with primary liver cancer who was being treated at Shanghai Cancer Hospital (now Fudan University Shanghai Cancer Center). This miracle caught the attention of Western medicine practitioners, and the Chinese government developed a new drug through collaboration between industry, government, and academia. The drug was approved for the treatment of advanced liver cancer in 1992.

In present-day Japan, huaier is treated as a "food-only" medicinal herb.



The fruit body of huaier fungus.



fungal mycelium

## The Huaier prescribed at our clinic



Huaier raw material manufacturing plant

Huaier powder



The raw material prescribed at our clinic is the same "new anti-cancer drug" produced in a modern and hygienic pharmaceutical factory in China. Huaier is produced by culturing the mycelium, so there is no risk of contamination with pesticides or heavy metals.

We import this raw material and process it again at a health food factory in Japan. We have also cleared Japan's safety standards for medical drugs through our own inspections.

Normally, it is 3g per packet but the amount may be increased according to the condition of the disease or symptoms. In our clinic, we may also combine it with other traditional Chinese herbal medicines. We adjust the formula according to the symptoms, so please feel free to consult with us.

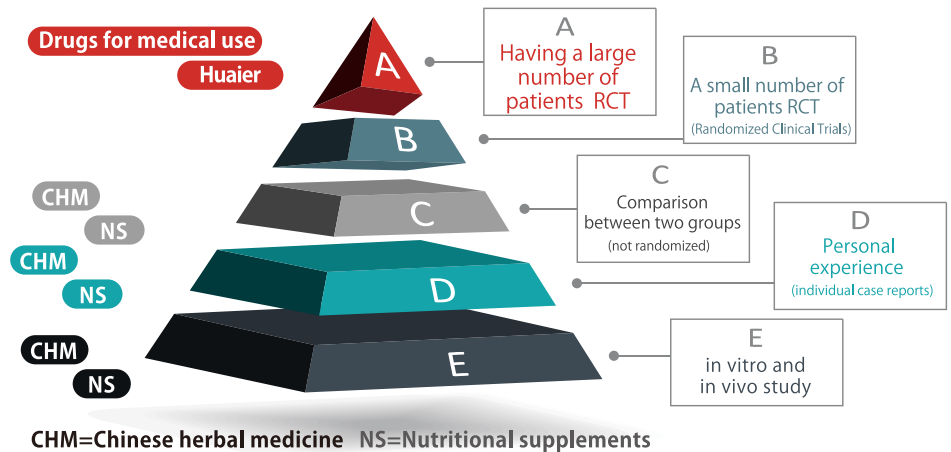
Note that the Huaier prescribed by our clinic is eligible for a medical expense deduction.

## The level of evidence for Huaier

"Medical pharmaceuticals" covered by health insurance are those that have been recognized as clearly having an effect based on trial results from a large number of individuals.

Huaier passed a 1000-case trial with an endpoint of survival rate\*, and its level of evidence is equivalent to that of medical pharmaceuticals.

\*Effect of Huaier granule on recurrence after curative resection of HCC: a multicentre, randomised clinical trial  
Gut. 2018 Nov;67(11):2006-2016



## The Effects and Efficacy of Huaier

01

### Immune system booster

The immune system refers to various immune responses in the body. Immunity is the overall strength of the immune system, and Huaier enhances immunity through multiple mechanisms of action. Recent studies have shown that TPG-1, a type of sugar chain, plays an important role in this process.

02

### Prevention and management of cancer

Huaier, which has already passed a large-scale clinical trial of 1,000 cases for prevention of recurrence after liver cancer surgery, is currently undergoing large-scale clinical trials for breast cancer, lung cancer, stomach cancer, colon cancer, and other cancers. In China, it is covered by insurance for several types of cancer.

03

### Suppression of immune system hyperactivation symptoms

Huaier has a significant effect on conditions caused by excessive immune system activation, such as IgA nephropathy, asthma, atopic dermatitis, and psoriasis. It functions to balance the immune system. Therefore, there is no risk of abnormal immune system activation, which is a potential side effect of immune checkpoint inhibitors.

04

### Improvement of 'Long Covid' symptoms

Huaier is effective in treating COVID-19 aftereffects (especially brain fog and fatigue), for which Western medicine has yet to find a solution. In this case, a traditional Chinese medicine called "Kamikihito," is added to Huaier and taken orally for a certain period of time.

05

### Prevention of aging and the progression of cognitive decline

It has been reported that aging can be prevented with immune checkpoint inhibitors. As the immune system weakens with age, people may experience aging or develop cognitive impairment such as dementia. Both my wife and I take Huaier daily to prevent aging and maintain good health.

## Side Effects of Huaier

In rare cases, people experience diarrhea as a side effect. Often, if smaller doses are taken until the body becomes accustomed to it, the side effect becomes less frequent.

## Dosage Guidelines for Huaier Extract

3g/day is recommended to maintain health and prevent aging.  
3g+ /day is recommended to prevent a recurrence of cancer.  
6g+ /day is recommended for management of existing cancer.  
The normal maximum dosage is 20g/day,  
but can be 60g/day if taken with caution.

## References (in Japanese)

Knowledge about Huaier and Masanori Niimi's way of thinking have been presented at cancer treatment societies and on web media. Please refer to these.



The 57th Annual Meeting of the Japanese Society of Cancer Therapy Distribution Pamphlet



I want to deliver the herbal medicine Huaier to many people (mainichi-style.jp)



A Conversation with Writer Nanami Shiono (Bungei Shunju Web Edition)



Using Chinese Herbal Medicine More Effectively in Cancer Treatment (Bungei Shunju Web Edition)